

*The Saratoga County Long Term Care Services Directory, Eighth Edition*, copyright 2016, the Saratoga County Office for the Aging. All rights reserved, including the right of reproduction in whole or in part in any form without the express written permission of the Saratoga County Office for the Aging.

*The Saratoga County Long Term Care Services Directory* is written, compiled and edited by the Saratoga County Office for the Aging.

All information herein is accurate as of November 2016. However, as changes in the agencies and services occur frequently, the reader is encouraged to directly contact the agencies or Saratoga County Office for the Aging @ 884-4100 for the most current information.

As every attempt was made to comprehensively cover services for disabled individuals and older adults in the Saratoga County area, *The Saratoga County Long Term Care Services Directory* apologizes for any oversights or omissions. If you know of a service or program that you feel would be appropriate for this guide, please provide as much information as possible on the enclosed evaluation form and mail or fax to us at 884-4104 or let us know by e-mail at [aging@saratogacountyny.gov](mailto:aging@saratogacountyny.gov).



Saratoga County Office for the Aging  
152 West High Street  
Ballston Spa, NY 12020  
884-4100

Sandra M. Cross  
DIRECTOR

December 2016

To the users of this directory:

On behalf of the Saratoga County Office for the Aging, I am pleased to present the seventh edition of the Saratoga County Long Term Care Services Directory. The intent of this directory is to provide caregivers and consumers alike with a comprehensive listing of long term care services available to them within our county. An index has been included to make your search for services easier.

After reviewing the directory, please take a few minutes to complete the evaluation located on the back page. For us to continue to provide a comprehensive list of services in the most user-friendly format, we need to hear from you, the users of the directory. If you have any questions or concerns regarding the directory, please feel free to call us at 518-884-4100.

Sincerely,

Sandra M. Cross  
Director

## **TABLE OF CONTENTS**

### **INTRODUCTION**

<b>SECTION 1: DIRECTORY OF SERVICES</b>	<b>PAGE</b>
Abuse and Neglect	4
Adult Homes	4
Advocacy	5
Benefits	5
Cancer Services	7
Case Management/Counseling	7
Church-Related Assistance	9
Credit Counseling	10
Day Care, Adult	10
Dental Services	11
Disabled Advocacy and Services	11
Durable Medical Equipment	13
Emergency Response Systems	14
Emergency Shelters	15
Food Services and Nutrition	15
Health Care Information and Assistance	16
Health Insurance Claims and Assistance	18
Home Care	18
Identification	22
Information & Referral	22
In Home Volunteers	23
Legal Services	23
Nursing Homes/Rehabilitation Centers	24
Respite-Adult	25
Respite-Children	27
Senior Clubs & Centers	27
Senior Housing	28
Support Groups	30
Transportation	31
Volunteer Opportunities	32
Voter Registration	33
Weatherization/Housing Services	33
<b>SECTION 2: HOME HEALTH CARE GLOSSARY</b>	<b>36</b>
<b>SECTION 3: LONG -TERM CARE GLOSSARY</b>	<b>38</b>
<b>SECTION 4: LEGAL GLOSSARY</b>	<b>39</b>
<b>ALPHABETICAL LISTING OF PROVIDERS</b>	<b>40</b>

## SECTION 1: DIRECTORY OF SERVICES

### ABUSE AND NEGLECT

#### Adult Abuse

#### Saratoga County Department of Social Services

**152 West High Street  
Ballston Spa, NY 12020  
884-4159**

Hours: 9 a.m. – 5 p.m. weekdays.

Adult Protective Unit offers services to mentally and/or physically impaired adults who are 18 years or older and in danger. Includes investigations, counseling, arranging for support systems, alternative living, medical care, legal services, receipt of entitlements, and coordination of services.

#### Long Term Care Ombudsman Catholic Charities Senior Caregiver and Support Services

**1473 Erie Blvd. 3<sup>rd</sup> Floor  
Schenectady, NY 12305  
372- 5667**

Hours: 8:30 a.m. - 4:30 p.m. weekdays

This program trains and certifies volunteers to act as advocates for the residents of long term care facilities (including nursing homes and adult homes) in resolving complaints and securing their right to quality care. Additional programs available; Caregiver Program, Meals on Wheels and Transportation. Call for more information including the opportunity to volunteer.

### ADULT HOMES

An adult home (Level II) is an adult care facility established and operated to

provide 24-hour long term residential care, room, board, housekeeping, personal care, and supervision to five or

more adults unrelated to the operator (the facilities listed herein vary greatly in size). Adult homes (Level I) offer no skilled nursing care. For a list of area homes with four or fewer beds, contact Saratoga County Dept. of Social Services, 884-4159.

#### Beacon Pointe Memory Care Community

**1 Emma Lane  
Clifton Park, NY 12065  
371-2200**

#### Cook Adult Home

**1 Prospect Street  
Mechanicville, NY 12118  
664-8014**

#### Home of the Good Shepherd [www.homeofthegoodshepherd.com](http://www.homeofthegoodshepherd.com)

**400 Church Street  
Saratoga Springs, NY 12866  
450-7360 / Fax 450-7525**

**198 Bluebird Road  
South Glens Falls, NY 12803  
792-1000**

**60 Waller Rd  
Wilton NY 12831  
580-0702**

**26 Rock Rose Way  
Malta, NY 12020  
581-2800**

## **ADVOCACY**

### **Gay, Lesbian and Straight Education Network**

**GLSEN National Headquarters**  
110 William Street  
New York, New York 10004  
(212) 727-0135  
90 Broad St., 2<sup>nd</sup> Floor  
New York, New York 10004  
(917) 463-9502  
[www.glsen.org](http://www.glsen.org) (youth)

### **In Our Own Voices**

245 Lark Street  
Albany, NY 12210  
432-4188  
[www.inourownvoices.org](http://www.inourownvoices.org)

### **Lambda Legal National Headquarters**

120 Wall St., 19<sup>th</sup> Floor  
New York, New York 10005  
(212) 809-8585  
[www.lamdalegal.org](http://www.lamdalegal.org)

**LGBT Aging Center - National Headquarters/ National Resource Center on LGBT Aging c/o SAGE**  
305 7<sup>th</sup> Ave., 15<sup>th</sup> Floor  
New York, New York 10001  
(212) 741-2247  
[www.lgbtagingcenter.org](http://www.lgbtagingcenter.org)

**Service / Advocacy for GLBT Elders**  
[www.sageusa.org](http://www.sageusa.org) (older adults)  
Same info as LGBT Aging Center

### **NAMI - National Alliance for the Mentally Ill**

3803 N. Fairfax Dr., Suite 100  
Arlington, VA 22203  
800-950-NAMI (6264)  
(703) 524-7600

### **NIMH**

**National Institute of Mental Health  
Science Writing, Press and  
Dissemination Branch**

6001 Executive Blvd. Rm. 6200,  
MSC 9669  
Bethesda, MD 20892-9663  
866-615-NIMH (6464)

### **National Center for Transgender Equality**

1400 16<sup>th</sup> Street NW, Ste. 510  
Washington D.C. 20036  
(202) 642-4542  
[www.transequality.org](http://www.transequality.org)

### **Pride Center of the Capital Region**

332 Hudson Avenue  
Albany, NY 12210  
462-6138  
[www.capitalpridecenter.org](http://www.capitalpridecenter.org)

### **STATE WIDE**

**New York State Wide Senior Action Council, Inc.**

275 State Street  
Albany, NY 12210  
436-1006  
[www.nysenior.org](http://www.nysenior.org)

## **BENEFITS**

**American Association for Retired Persons (AARP), Albany Chapter**  
1 Commerce Plaza, Suite 706  
Albany, NY 12260  
434-4194 (Legislative Office)

### **National Grid**

300 Erie Blvd. West  
Syracuse, NY 13202  
*Customer Service:*  
800-642-4272 (hours till 7 p.m.)  
*Payment Arrangements:*  
800-443-1837  
[www.nationalgridus.com](http://www.nationalgridus.com)

Hours: 7 a.m-9 p.m. weekdays, Sat. 7 a.m.-5 p.m.

National Grid provides Budget Plan, Direct Pay Plan, Online Bill Pay, Extended Due Date, Third Party Notification, Large Print/Braille/Voice Bill, TDD-TYY Access, Language Line, Deferred payment, Low Income Customer Assistance/ Affordability.

**Saratoga County Department of Social Services**

**152 West High Street  
Ballston Spa, NY 12020**

Hours: 9 a.m. - 5 p.m. weekdays.

**Managed Care  
884-4153**

**Medicaid  
884-4148**

Medicaid provides medical coverage for all ages that have insufficient income and/or resources to meet the cost of necessary medical care as determined by state standards.

**SNAP (Formally Food Stamps)  
884-4155 or 587-3030**

Issue a benefit card with a monthly allotment for food purchase to those who meet income eligibility guidelines.

**Temporary Assistance & Disability Assistance  
884-4144**

Temporary assistance provides financial support and emergency assistance to individuals and families who meet income and resource eligibility criteria.

**Home Energy Assistance Program**

**884-4146 or 884-4111**

HEAP will provide energy assistance to families with low incomes by issuing regular and emergency grants to fuel dealers for heating and utility related costs.

**Social Security Administration**

Hours: 9 a.m. - 4 p.m. weekdays

9 a.m.-12 p.m. Wed.

**[www.socialsecurity.gov](http://www.socialsecurity.gov)**

**Schenectady County**

**1 Broadway Center  
8<sup>th</sup> Floor, Ste. 801  
Schenectady, NY 12305  
866-964-1296 or 866-964-0018**

**Glens Falls Office**

**17 Cronin Road, Suite 1  
Queensbury, NY 12804  
877-405-4875**

**Southern Adirondack Independent Living Center**

**Country Club Plaza  
418 Geyser Rd  
Ballston Spa, NY 12020  
584-8202**

**71 Glenwood Ave  
Queensbury, NY 12804  
792-3537**

**[www.sailhelps.org](http://www.sailhelps.org)**

Hours: 8 a.m.-4 p.m. weekdays.

The center provides assistance to individuals with disabilities, family members, and other interested parties concerning accessing and continuing SSI, SSDI, Survivor's Benefits, DAC Benefits, NYS Disability, Worker's Compensation, VA Benefits, and Public Assistance. Benefits advisement includes counseling and training concerning work

incentive programs and legislation (Medicaid Buy-In Program, 1619B Provision, IRWE's etc.) that allows individuals with disabilities to work. Voicemail available.

**Veterans Affairs Division, New York State, Saratoga County Office Building**

**152 West High Street  
Ballston Spa, NY 12020  
884-4115**

Hours: 9 a.m. - 5 p.m. weekdays.  
Counseling to veterans, dependents, and surviving spouses on service benefits, application processes, problem solving, and representation with Veterans Administration. Assists in applying for federal and state benefits such as pensions, compensations, blind annuities educational services, and burial benefits. Eligibility: Veterans and dependents.

**CANCER SERVICES**

**American Cancer Society**

**800-227-2345  
www.cancer.org**

Services include Road to Recovery, Reach to Recovery, Interactive Online Classes, Help with Lodging, Information and Resources, Look Good Feel Better, Cancer Survivors and Caregivers Cancer Survivors Network.

**Cancer Services Program of Saratoga County**

**800-227-2345  
www.cancer.org**

Offers screening, support and information. Offers Breast Cancer Screening, Cervical Cancer Screening and Colorectal Cancer Screening. For Men/Women ages 40-64.

**211 Church Street  
Saratoga Springs, NY 12866  
580-2132 or 580-2078  
866-442-CANCER (2262)**

**To Life!**

**www.tolife.org  
410 Kenwood Avenue  
Delmar, NY 12054  
439-5975**

The Capital Region's Personal Source for Breast Cancer Education & Support. Offers Education Forums, Women's Health, Breast Health Workshops, Wellness from Within, Support Groups, Cancer Mentoring, Resource Library, Volunteer Opportunities.

**Personalized Boutique Services**

**110 Spring Street  
Saratoga Springs, NY 12866  
587-3820**

**CASE  
MANAGEMENT/COUNSELING**

**Catholic Charities of Saratoga,  
Warren and Washington Counties  
142 Regent Street  
Saratoga Springs, NY 12866  
587-5000**

Hours: 9 a.m. – 5 p.m. weekdays  
Catholic Charities provides counseling and advocacy services to individuals and families including assessments, benefit reviews, application assistance and general case management activities.

**CHOICES-St. Peter's Hospital  
St. Peter's Health Partners  
315 South Manning Boulevard  
Albany NY 12208  
525-6803**

**www.sphp.com/continuingcare**

Provide comprehensive assessment for older adults, development of a care plan, and care management by Elder Care

Consultants. Care coordination, transition, crisis intervention, consultations and standby support.

**Elder Care Program of the  
Mechanicville Community Center**  
6 South Main Street  
Mechanicville, NY 12118  
664-8322 Ext 614

Hours: 9 a.m. – 5 p.m. weekdays  
Provides advocacy for the elderly.

**Ellen Egger-Aimone, LMSW,  
Geriatric Care Manager**  
573-6122  
www.egger-aimone.com  
ellen@egger-aimone.com

Assessment, advocacy, caregiver support and education, crisis intervention, care coordination, and assistance with Medicaid/Medicare. Caregiver seminars are available. Hours are by appointment.

**Saratoga County Alcohol and  
Substance Abuse Services**  
135 South Broadway  
Saratoga Springs, NY 12866  
584-9030

Hours: Mon – Wed - Fri 8 am – 5:00pm  
Information and referral, evaluation, individual and group counseling and intervention. 24 hour on call is available. Walk-in services are available M/W/F; doors open at 8:00am for drug and alcohol abuse.

**Saratoga County Mental Health  
Center**  
135 South Broadway  
Saratoga Springs, NY 12866  
584-9030 24 hr emergency line

**Saratoga County Office for the Aging**  
152 West High Street  
Ballston Spa, NY 12020  
884-4100

Hours: 9 a.m.-5 p.m. weekdays.

**Senior Hope Counseling, Inc.**  
301 S. Allen St., Suite 6  
Albany, NY 12208  
489-7777  
www.seniorhope.org

Hours: 9 a.m. – 5 p.m. weekdays.  
Evaluation and assessment services, individual case management, relapse prevention groups, individual and family chemical dependence counseling, depression, anxiety, and stress management counsel.

**Seton Addiction Services**  
1300 Massachusetts Avenue  
Troy, NY 12180  
268-5542

Seton offers inpatient treatment for substance abuse, detoxification and rehabilitation.

**Southern Adirondack Independent  
Living Center**  
Country Club Plaza  
418 Geyser Rd.  
Ballston Spa, NY 12020  
584-8202 or  
Queensbury 792-3537  
www.sailhelps.org

Hours: 8 a.m. – 4 p.m. weekdays

**Case Management/Service  
Coordination:** The center provides short-term case management and service coordination services, as well as linkage and referral to other service systems (DOH, OMRDD, OMH, SOFA, etc.). Center staff will assist with eligibility determinations and gathering documentation to access funded case management and service coordination services. If requested, center staff will continue to work with individuals with



disabilities as advocates once they are enrolled in funded services.

**Counseling:** The center provides counseling and teaching and facilitates information giving and sharing for individuals with disabilities, family members and other interested parties on both an individual and a group basis.

**Trinity Eldercare**  
**19 Wayne Court**  
**Queensbury, NY 12804**  
**798-4742 or 796-0603**

**[www.trinityeldercare.com](http://www.trinityeldercare.com)**

Provides comprehensive assessment, coordination and management of services, determining affordability of services and accessing resources. Assists with Medicaid insurance information and applications. Provide options and alternatives for home based care. Assistance with nursing home applications.

## **CHURCH - RELATED ASSISTANCE**

**Christ Episcopal Church**  
**15 West High Street**  
**Ballston Spa, NY 12020**  
**885-1031**

**[www.4ChristChurch.org](http://www.4ChristChurch.org)**

The church offers a food pantry that is open 10 a.m. – noon on Mon, Wed, Thurs, and Fri. Emergency food supplies available on Wed. from 5 p.m. – 6 p.m.

**Corinth First Presbyterian Church**  
**199 Palmer Avenue**  
**Corinth, NY 12822**  
**654-9432**

An Alzheimer's Caregivers Support Group meets on the 2<sup>nd</sup> and 4<sup>th</sup> Wednesdays @ 2:00-3:00 p.m. located at

**The Corinth YMCA**  
**119 Gabriel Road, Corinth NY**  
**583-9697, ext. 191**

Community Churches Food Pantry is at Cedar Guild on 4<sup>th</sup> St, Corinth Tues. 2-5 p.m. Thur. 9a.m. - 12p.m. Fri. 2-5 p.m. Share the warmth fund emergency/emergency fuel

**First Baptist Church**  
**202 Milton Avenue**  
**Ballston Spa, NY 12020**  
**885-8361**

The church operates a food pantry Tues. 10 a.m.-Noon, Thurs., 4:30 p.m. - 6 p.m.

**Shenendehowa United Methodist Church**  
**971 Route 146**  
**Clifton Park, NY 12065**  
**371-7964**

The church offers a free community dinner once a month; usually the last Tuesday of the month, however, please note schedule may change due to the holiday season. Please review our schedule on our website **[shenumc.org](http://shenumc.org)**.

**Soul Saving Station Church**  
**PO Box 104, 62 Henry Street**  
**Saratoga Springs, NY 12866**  
**584-3122**

The church provides spiritual counseling, religious services, family contacts & referrals.

**South Glens Falls United Methodist Church**

**15 Maplewood Parkway  
South Glens Falls, NY 12803  
793-1152**

Services offered include prayer, counseling and support.  
Mon. – Fri.: 8:30 a.m. – 12:30 p.m.  
Wed. – grief share and Sunday morning services start at 9:45 am.

**St. Edward the Confessor Catholic Church**

**569 Clifton Park Center Road  
Clifton Park, NY 12065  
371-7372**

The church programs include a parish nurse program, friendly visitors, and bereavement committee.

**St. Peters Catholic Church**

**241 Broadway  
Saratoga Springs, NY 12866  
584-2375 Church number  
306-5243 Outreach number**

The church offers a variety of information programs. Outreach program Mon – Wed - Fri. - 9-noon.

**St. Therese Rosary Altar Society**

**PO Box 251  
Gansevoort, NY 12831  
587-3180 Deacon Boyd**

The society offers a substitute caregiver program for emergency situations. Also, there is a food pantry twice a month.

**CREDIT COUNSELING**

**Clearpoint Credit Counseling Solutions**

**6 Automation Lane, Ste. 113  
Albany, NY 12205  
438-3710  
[www.clearpointccs.org](http://www.clearpointccs.org)**

Hours: Mon.-Thurs: 7:30 a.m. – 11 p.m.,  
Fri. 7:30 a.m.-11 p.m., Sat. 8 a.m. 8 p.m.  
Free and confidential counseling, community education programs, housing counseling, and debt repayment programs. Fee charged for bankruptcy counseling and free credit review reports available.

**Cornell Cooperative Extension Housing Counseling**

**50 West High Street  
Ballston Spa, NY 12020  
885-8995 ext. 229  
[www.ccesaratoga.org](http://www.ccesaratoga.org)**

Hours: 8 a.m. – 5 p.m. weekdays  
Information to older homeowners seeking a reverse mortgage.

**Southern Adirondack Independent Living Center**

**Country Club Plaza  
418 Geyser Rd.  
Ballston Spa, NY 12020  
584-8202 or 792-3537  
[www.sailhelps.org](http://www.sailhelps.org)**

Hours: 8 a.m. – 4 p.m. weekdays.  
Direct training and instruction to individuals with disabilities, family members and other interested parties to develop independent living skills in the areas of budgeting, financial management, and household management.

**DAY CARE, ADULT**

**Bright Horizons**

**1673 Route 9, Suite 4  
Clifton Park, NY 12065  
371-2191  
[www.colonieseniors.org](http://www.colonieseniors.org)**

Hours: 8 a.m.-5 p.m. weekdays

A safe and supportive environment along with a nutritious breakfast, hot lunch and snack and various activities.

**Lena's Adult Day Care Services**  
**230 Bluebird Rd.**  
**South Glens Falls, NY 12803**  
**792-7797 or 681-7797**  
**[www.lenasads.com](http://www.lenasads.com)**

Hours: 7 a.m. -6 p.m. weekdays  
A non-threatening home environment offering companionship, stimulating activities, and nutritious lunches/ snacks. Experienced staff gives personal attention and care for family members at an affordable rate.

**Schuyler Ridge Residential Health & Adult Day Care**  
**1 Abele Boulevard**  
**Clifton Park, NY 12065**  
**371-1400**  
**[www.schuylerridge.org](http://www.schuylerridge.org) or [www.sphp.com](http://www.sphp.com)**

Hours: 7:30 a.m.-8 p.m. weekdays.  
Schuyler Ridge is a 120 bed skilled nursing facility offering occupational, physical, and speech therapy, spiritual care, social services and nutritional services as well as a Day Care Program.

**Wesley Evergreen Adult Day Services**  
**357 Milton Avenue**  
**Ballston Spa, NY 12020**  
**691-1443 Ext 1443**  
**[www.wesleycommunity.org](http://www.wesleycommunity.org)**

Hours: 8 a.m. – 4:30 p.m. weekdays  
Evergreen offers supervised, structured programs and activities. A hot nutritious meal is served daily at noontime. Community programs and personal care are available and transportation is available for an additional fee.

## **DENTAL SERVICES**

**Ellis Dental**  
**600 McClellan Street**  
**Schenectady, NY 12304**  
**347-5275**

**Hometown Health Centers**  
**1044 State Street**  
**Schenectady, NY 12307**  
**370-1441**

**Hudson Valley Community College**  
**Dental Hygiene Clinic**  
**Fitzgibbons Health Tech Center**  
**80 Vandenburg Ave, Room 127**  
**Troy, NY 12180-6096**  
**629-7400**

Low fee dental cleanings and x-ray. Hudson Valley Community College is committed to providing the best patient-centered treatment possible, while providing the students with an excellent learning experience. Free cleanings for seniors are available and low-cost x-rays. The program operates September-April by appointment only.

**Saratoga Community Health Center**  
**24 Hamilton Street**  
**Saratoga Springs, NY 12866**  
**886-5600**  
Mon.-Thurs. 7:30am-7:00pm  
Fri. 8:00am-4:30pm

## **DISABLED ADVOCACY AND SERVICES**

The following agencies provide support programs and services to individuals with disabilities including intervention, rehabilitation, day programs, and various support groups. Contact the agencies for information and hours of operation.

**AIM Services Inc.**

**[www.aim-services.blogspot.com](http://www.aim-services.blogspot.com)**

**4227 Route 50  
Saratoga Springs, NY 12866  
587-3208**

**Catholic Charities Disabilities Service**

**1 Park Place, Suite 200  
Albany, NY 12205  
783-1111  
[www.ccdservices.org](http://www.ccdservices.org)**

**Center for Disability Services**

**314 South Manning Boulevard  
Albany, NY 12208  
437-5700  
[www.cfdsny.org](http://www.cfdsny.org)**

**Prospect Child & Family Care**

**Tri-Counties  
133 Aviation Road  
Queensbury, NY 12804  
798-0170  
[www.prospectcenter.com](http://www.prospectcenter.com)**

**Saratoga Bridges**

**16 Saratoga Bridges Boulevard  
Ballston Spa, NY 12020  
587-0723  
[www.saratogabridges.org](http://www.saratogabridges.org)**

Saratoga Bridges (formerly Saratoga ARC) provides a wide variety of service to persons with intellectual disabilities. Services include residential services, service coordination, day services, clinical services, community habilitation, respite, transportation, family support, guardianship supports and employment contacts.

**Southern Adirondack Independent Living**

**Country Club Plaza  
418 Geyser Road  
Ballston Spa, NY 12020  
584-8202 or 792-3537**

**[www.sailhelps.org](http://www.sailhelps.org)**

Hours: Mon. - Fri. 8 a.m. – 4 p.m.  
Provides services to promote personal independence, self-help, equal access, peer role modeling, personal growth and empowerment for individuals of any age regardless of ethnicity, gender, religion, living situation or financial status. Services include Information and Referral, Peer Counseling, Individual and Systems Advocacy, Independent Living Skills Training, Architectural Barrier Consultation, Benefit and Entitlement Counseling, Disability Awareness Training, School Advocacy and Transition Support, Errand Support and Voter Registration. The Center provides equipment assessment and loan through the TRAID Project, Computer Skills Assessment and Training through the Center for Adaptive Computer Technology (CACT), Traumatic Brain Injury Services through the TBI Regional Resource Center and Nursing Home Transition and Diversion Services.

**New York State Justice Center for Protections of People with Special Needs**

**161 Delaware Ave  
Delmar, NY 12054  
549-0513 or 800-624-4143  
[www.justicecenter.ny.gov](http://www.justicecenter.ny.gov)**

Hours: 8:30 a.m. - 4:30 p.m. weekdays.

**ACCES-VR**

**NYS Ed Dept.  
80 Wolf Road, 2<sup>nd</sup> Fl, Suite 200  
Albany, NY 12205  
473-8097**

**[www.accesnysed.gov/vr](http://www.accesnysed.gov/vr)**

Hours: 8:30 a.m.-5 p.m. weekdays.  
ACCES-VR promotes educational equity and excellence for students with disabilities while ensuring that they

receive the rights and protection to which they are entitled; assures appropriate continuity between the child and adult services systems; and provides the highest quality vocational rehabilitation and independent living services to all eligible persons as quickly as those services are required to enable them to work and live independent, self-directed lives.

**Wildwood Programs**

**1190 Troy Schenectady Rd.  
Latham, NY 12110  
640-3300**

**[www.wildwoodprograms.org](http://www.wildwoodprograms.org)**

Working with families and community to empower and enable children and adults with autism neurological learning disabilities, and other developmental disorders to lead independent, productive and fulfilling lives.

**DURABLE MEDICAL  
EQUIPMENT**

*The following suppliers are enrolled in Medicare.*

**Lincare**

**4 Airport Park Blvd.  
Latham, NY 12110  
782-7770  
[www.lincare.com](http://www.lincare.com)**

Hours: 8 a.m. – 5 p.m. weekdays.  
Services include oxygen and respiratory care equipment/services, hospital beds, and wheelchairs.

**Hannaford**

**[www.hannaford.com](http://www.hannaford.com)**

**95 Weibel Avenue  
Saratoga Springs, NY 12866**

**587-0681**

**262 Saratoga Rd., Suite 1  
Glenville, NY 12302  
384-0246**

**11 Trieble Ave.  
Ballston Spa, NY 12020  
885-4672**

**9 Clifton Country Rd.  
Clifton Park, NY 12065  
373-7915**

**27-41 Gansevoort Rd  
South Glens Falls NY 12803  
798-2847**

**ProcAir, Inc.**

**4A Northway Lane  
Latham, NY 12110  
664-6654**

**[www.medicalserviceco.com](http://www.medicalserviceco.com)**

Services include: Medical Equipment, respiratory equipment, oxygen, hospital beds, wheelchairs walkers, canes and specialty beds.

**Prime Care Medical Equipment**

**16 Walker Way  
Albany, NY 12205  
456-6192 or 888-840-8068  
[www.primecaremed.com](http://www.primecaremed.com)**

Ramps, stair lifts, ceiling lifts, lift chairs, electric door openers, handicapped accessible showers, bathroom modifications, wheelchairs, scooters, durable medical equipment and oxygen.

**Upstate Home Respiratory Equipment**

**106 Maple Street  
Corinth NY 12822  
654-2485**

*The following suppliers are not enrolled in Medicare.*

**Coram Specialty Infusion Services**  
12 Jupiter Lane  
Albany, NY 12205  
869-6613  
[www.coramhc.com](http://www.coramhc.com)

**Eazylift Elevators**  
836 Troy-Schenectady Road  
Latham, NY 12110  
393-2274 or (888) 558-LIFT  
[www.thealbanyliftcompany.com](http://www.thealbanyliftcompany.com)  
Stair lifts, residential elevators, and custom lifts.

*The following agencies loan or donate durable medical equipment.*

**NYS Justice Center for Protection of People with Special Needs**  
161 Delaware Ave  
Delmar, NY 12054  
549-0513 or 800-624-4143  
[www.justicecenter.ny.gov](http://www.justicecenter.ny.gov)

Hours: 8:30 a.m. - 4:30 p.m. weekdays.  
Administers the TRAID-IN program where used devices are matched with individuals needing them. They are either sold or donated with all negotiations taking place between the matched parties. This service is statewide and free.

**Shenendehowa Senior Center**  
6 Clifton Common Court  
Clifton Park NY 12065  
383-1343  
[www.shenacc.org](http://www.shenacc.org)

Hours: 9 a.m. - 4 p.m. weekdays.  
Free equipment is loaned out as needed. Items include walkers, canes, and wheelchairs. Donations accepted.

**Southern Adirondack Independent Living Center,**  
Country Club Plaza  
418 Geyser Rd  
Ballston Spa, NY 12020  
584-8202 or  
Queensbury 792-3537  
[www.sailhelps.org](http://www.sailhelps.org)

Hours: 8 a.m. - 4 p.m. weekdays.  
Free loan of durable medical equipment and assistive devices (hospital beds, wheelchairs, walkers, commodes, shower benches/chairs, walkers, standing frames, crutches, canes, etc.) based upon individual need for 30 days or more. The center provides assistance with obtaining devices and equipment from other sources. The center provides assessment for adaptive computer hardware and software and training to use specialized programs as needed.

## **24 HOUR EMERGENCY RESPONSE SYSTEMS**

**Direct Link**  
584-5885

**Eddy Lifeline**  
274-6200

**Ellis Medical Alert Service**  
382-2224

**Glens Falls Hospital Medical Alert Service**  
25 Willowbrook Rd., Suite 1  
Queensbury, NY 12804  
409-8100

**LifeFone**  
16 Yellowstone Avenue  
White Plains, NY 10607-1324  
800-882-2280

**Link to Life**

137 North Street, Suite 209A  
Pittsfield, MA 01201  
888-557-4462  
www.cstlfl.com

**Saratoga Hospital Phillips Lifeline**  
211 Church Street  
Saratoga Springs, NY 12866  
866-674-9900 ext.4399

**Seton Lifeline – Eddy Health Alert**  
833-1040

**St. Peter's Lifeline**  
525-1004

**For EMERGENCY Dial 9-1-1**

**EMERGENCY SHELTERS**

**Direct Salvation Army**  
PO Box 652  
27 Woodlawn Ave.  
Saratoga Springs, NY 12866  
584-1640

Hours: 9 a.m. – 4 p.m. weekdays.  
Emergency assistance with food. Serve cold breakfast weekdays 8:15 a.m.-9:45 a.m. Group programs are also offered.

**Saratoga County Rural Preservation Company- The Vet House (Male Veterans)**

36 Church Avenue  
Ballston Spa, NY 12020  
885-0673  
www.vethelpny.org

Hours: 8:30 a.m. - 4:30 p.m. weekdays.  
This agency is a transitional facility for homeless male veterans. Services include help with permanent housing for veterans and their families, rental assistance programs and mortgage

assistance for affordable home ownership.

**Saratoga County Rural Preservation Company- Guardian House (Female Veterans)**

1214 Saratoga Road  
Ballston Spa, NY 12020  
885-0091  
www.vethelpny.org

Hours: 8:30 a.m. – 4:30 p.m. This agency is a transitional facility for homeless female veterans. Services include help with permanent housing for veterans and their families, rental assistance programs and mortgage assistance for affordable home ownership.

**Shelters of Saratoga, Inc.**

14 Walworth Street  
Saratoga Springs, NY 12866  
581-1097  
www.sheltersofsaratoga.org

Hours are 24 hours per day, 365 days per year. Services include emergency housing, case management, referrals, advocacy, and placement services.

**FOOD SERVICES/NUTRITION**

**Cornell Cooperative Extension of Saratoga County**

50 West High Street  
Ballston Spa, NY 12020  
885-8995  
saratoga@cornell.edu

Hours: 8 a.m. – 5 p.m. weekdays.  
Eat Smart New York Education Program is sponsored by Cooperative Extension. The Food Stamp Nutrition Education Program helps limited-income individuals and families of all ages to acquire the knowledge, skills, and attitudes necessary to improve their diets

and make best use of available food dollars. There is free instruction by a trained Nutrition Teaching Assistant.

**Saratoga County Office for the Aging**  
**152 West High Street**  
**Ballston Spa, NY 12020**  
**363-4020**

Hours: 9 a.m. – 5 p.m. weekdays.  
Home Delivered Meals offer a hot, nutritious noon meal that is delivered to home-bound seniors throughout Saratoga County. There is a suggested contribution of \$2.00 per meal. Saratoga OFA also has a list and numbers for congregate meal sites and food pantries.

**SNAP (Formerly Food Stamps)**  
**152 West High Street**  
**Ballston Spa, NY 12020**  
**884-4155 or 587-3030**

Hours: 9 a.m. – 5 p.m. weekdays.  
Issue a benefit card with a monthly allotment for food purchase to those who meet income eligibility guidelines.

**HEALTH CARE INFORMATION  
& ASSISTANCE**

**American Cancer Society**  
**Capital NY Region**  
**1 Penny Lane**  
**Latham, NY 12210**  
**220-6901 option 3**  
**www.cancer.org**

**Capital Region Diabetes and Endocrine Care**

**63 Shaker Road, Ste.201**  
**Albany, NY 12204**  
**471-3636**  
Hours: Mon. – Thurs. 8:00 a.m. - 4:30 p.m.  
and Fri. 8:00 a.m. – 3:30 p.m.

Comprehensive education sessions including Introduction and Monitoring, Nutrition, Living Healthy with Diabetes and Exercising your Mind and Body. The sessions are based on ADA standards and taught by certified diabetes educators, including nurse educators, and registered dietitians. Sessions can be taken individually or in groups.

**Community Hospice of Saratoga**  
**179 Lawrence Street**  
**Saratoga Springs, NY 12866**  
**581-0800**  
**www.communityhospice.org**

Hospice provides care to seriously ill people and their families in the home setting, hospital, adult homes, and nursing facilities.

**Elderly Pharmaceutical Insurance Coverage (EPIC)**  
**PO Box 15018**  
**Albany, NY 12212**  
**800-332-3742**  
**Newyorkstateepic.gov**

Hours: 8 a.m. – 5 p.m. weekdays.  
The Elderly Pharmaceutical Insurance Coverage (EPIC) is a NYS. Dept. of Health Program designed to help NYS residents who are 65 and older cope with the high cost of prescription drugs.

**Epilepsy Foundation of NENY**  
**3 Washington Square**  
**Albany, NY 12205**  
**456-7501 or 800-894-3223**  
**www.epilepsy.com**

This service offers information and referral, education, as well as service coordination.

**Glens Falls Association for the Blind and Visually Impaired**  
**144 Ridge Street**  
**Glens Falls, NY 12801**  
**792-3421**



Hours: 8:30 a.m. - 4:30 p.m. weekdays.  
GFABVI provides information and referral, rehabilitation, exams and aides, screenings, teaching and casework.

**Healthy Capital District Initiative**  
**175 Central Ave**  
**Albany, NY 12206**  
**462-1459**  
**[www.hcdiny.org](http://www.hcdiny.org)**

Helps low income residents with public health insurance needs. Free services and appointments can be scheduled at several available site locations. Home visits are available.

**Northeastern Association of the Blind**  
**301 Washington Avenue**  
**Albany, NY 12206**  
**463-1211**  
**[www.naba-vision.org](http://www.naba-vision.org)**

Hours: 8 a.m. – 4 p.m. weekdays.  
NABA provides vision rehabilitation services to help older adults remain active, independent as they experience vision loss. Programs and services include low vision exams, vision aids, vision rehabilitation therapy, vocational assistance, technology training, orientation & mobility and counseling. Services are free to the legally blind. Low vision education programs are available to groups, schools, professionals, senior centers and health care organizations.

**Saratoga Community Health Center**  
**24 Hamilton St**  
**Saratoga Springs, NY 12866**  
**886-5600**

Hours: Mon.-Thurs. 7:30 a.m. - 7 p.m.  
Friday 7:30 a.m. - 4 p.m.

Saratoga Community Health Center provides high-quality, affordable routine medical care, including primary care, dental care, and mental health service to

members of our community, regardless of their ability to pay. The Center has plenty of on-site parking and is easily accessible via public transportation.

**Seton Health Incontinence and Wound Services**  
**147 Hoosick Street, Suite E**  
**Troy, NY 12180**  
**268-5380**

Assessment and treatment of bladder control difficulties, healing of wounds and podiatry. Accepts Medicaid.

**Simplifying Lives for a Cause, Inc.**  
**384-3878**  
**[www.simplifyinglives.org](http://www.simplifyinglives.org)**

A local non-profit organization dedicated to providing six free cleanings for cancer patients, or the parents of cancer patients undergoing treatment for cancer.

**The Wound Healing Center**  
**Glens Falls Hospital**  
**100 Park Street**  
**Glens Falls, NY 12801**  
**926-1500**

Hours: 8:00 a.m. – 4:30 p.m. Offers a progressive approach to traditional wound healing. An individualized treatment plan is developed for each person.

**YMCA of Saratoga County**  
**290 West Avenue**  
**Saratoga Springs, NY 12866**  
**583-9622**

**[www.srymca.org](http://www.srymca.org)**

Hours: 5 a.m. - 11 p.m. weekdays,  
Sat. 6 a.m.-6 p.m., Sun. 6 a.m. - 9 p.m.  
Services to promote development of mind, body and spirit. Including health and wellness, aquatics, child care, art, camps, and community programs.

## **HEALTH INSURANCE CLAIMS AND ASSISTANCE**

### **NY Medicaid (Maximus)**

**888-401-6582 Customer Services**

**855-222-8350 Evaluations**

Mon. – Fri. 8:30 a.m. – 8:00 p.m., Sat.

10 a.m. – 6 p.m. The Conflict – Free

Evaluation and Enrollment Center

(CFEEC) is a program that determines if you need Medicaid community-based long term care for at least 120 days.

Individuals may qualify for managed long term care, home care and other long term care services. Services provided from a Medicaid-approved managed care plan.

### **Saratoga County Office for the Aging**

**152 West High Street**

**Ballston Spa, NY 12020**

**884-4100**

The Health Insurance Information, Counseling and Assistance Program (HIICAP) has trained staff and volunteers to answer questions and provide confidential information and counseling about Medicare A & B and Part D prescription drug, Medicare Supplemental Insurance, Managed Care, Medicaid, QMB, EPIC, and Long Term Care Insurance throughout Saratoga County. Call for details including volunteer opportunities.

### **Saratoga Hospital Health Insurance Navigation Program**

**59D Myrtle Street Park**

**Saratoga Springs NY 12866**

**580-2021**

Hours: 9 a.m. – 5 p.m. weekdays.

Offsite appointments on evening and weekends. Assistance with applications for Child Health Plus, Family Health

Plus and Medicaid for people under the age of 65.

### **Southern Adirondack Independent Living**

**Country Club Plaza**

**418 Geyser Rd**

**Ballston Spa NY 12020**

**584-8202 or 792-3537**

**[www.sailhelps.org](http://www.sailhelps.org)**

Hours: 8 a.m. – 4 p.m. weekdays.

Information and assistance to persons with disabilities, family members and interested parties concerning Medicare, Medicaid, and Long-Term Care Insurance. SAIL is a representative for the Independent Consumer Advocacy Network (ICAN). Insurance counseling and advisement for choosing coverage, co-insurance and gap policies. Center staff is trained Health Insurance Information Counseling and Assistance Program (HIICAP) specialists.

### **Trinity Eldercare**

**14 Dix Avenue**

**Glens Falls NY 12804**

**798-4742**

Long term Care insurance information, education and underwriting.

## **HOME CARE**

### **Accent Health Care Services**

**[www.accenthealthcareservices.com](http://www.accenthealthcareservices.com)**

**820 5<sup>th</sup> Avenue**

**Troy, NY 12182**

**237-2700**

### **Adept Health Care Services**

**[www.adepthealthcare.com](http://www.adepthealthcare.com)**

**406 Fulton Street, Suite 503**

**Troy, NY 12180**

**271-1055**

**All Metro Health Care**  
1450 Western Avenue  
Albany, NY 12203  
426-0283

**Any Time Home Care, Inc.**  
[www.anytimehomecare.com](http://www.anytimehomecare.com)  
1272 Central Avenue  
Albany, NY 12205  
454-9433

**Attentive Care**  
[www.attentiveservices.com](http://www.attentiveservices.com)  
5 Computer Drive West  
Albany, NY 12205-1617  
438-6271

Mon. – Fri. 8:30am – 4:30pm  
Assistance with meal preparation, light housekeeping, medication reminders, transportation to appointments, respite and supervision for safety. Companions can work in the home, assisted living facility, nursing home or other residence. From three to twenty four hours per day.

**Companions for the Elderly**  
PO Box 4327  
Clifton Park NY 12065  
383-3119

Companionship and homemaking services including meal preparation, laundry, light housekeeping, shopping, errands and incidental transportation. Can be for as little as one hour or up to 24 hours. Sliding fee scale.

**Concepts of Health Care**  
[www.conceptsofhealthcare.com](http://www.conceptsofhealthcare.com)  
PO Box 205  
Ballston Spa, NY 12020  
885-2020

Hours: 8 a.m. – 4 p.m. weekdays.  
Provides 24 hours, 7 days a week live-in non-medical aide services. Shift work available.

**Eddy Home Care/ Eddy Visiting Nurse Association (EVNA) - Certified Home Health Agency**  
[www.Sphp.com](http://www.Sphp.com)  
433 River Street Suite 3000  
Troy, NY 12180  
274-6200

**Fort Hudson Homecare**  
[www.forthudson.com](http://www.forthudson.com)  
319 Broadway  
Fort Edward, NY 12828  
747-9019 or 747-2811

Companion care and licensed home health care.

**Gentiva Health Services**  
[www.gentiva.com](http://www.gentiva.com)  
Malta Commons Business Park  
100 Saratoga Vlg Blvd, Suite 5  
Malta, NY 12020  
899-1158

**Greater Adirondack Home Aides**  
[www.greateradirondackhomeaides.org](http://www.greateradirondackhomeaides.org)  
25 Willowbrook Road, Ste 4  
Queensbury, NY 12804  
926-7070

Personal care, meal preparation, light housekeeping and shopping.

**Home Health Care Partners**  
[www.newyorkhomehealthcare.org](http://www.newyorkhomehealthcare.org)  
1830 Riverfront Center  
Amsterdam, NY 12010  
842-6718 or 800-342-1426

Companion services, home health aide services and nursing services.

**Home Helpers & Direct Link**  
[www.homehelpersny.com](http://www.homehelpersny.com)  
538 Maple Ave. Suite 3  
Saratoga Springs NY 12866  
584-5885

Serving Saratoga, Warren, Washington and Rennselaer counties. Services include transportation, errands, light housekeeping, meal preparation, and safety and supervision. Our licensed services include assistance with bathing, grooming, toileting, mobility, and medication management. Care is provided under physician orders and supervised by an RN. We also offer assistive technology which includes: Personal Emergency Response Systems with fall detector, GPS locator as well as automated medication managers.

**Home Instead Senior Care**  
**www.homeinstead.com/341**  
**12 Mountain Ledge Dr. Suite 3**  
**Gansevoort, NY 12831**  
**580-1042**

Non-medical companion and home-helper service including light housekeeping, laundry, meal preparation, shopping, errands and incidental transportation. Long term and short term respite services available.

**Home of the Good Shepherd**  
**26 Rock Rose Way, Suite 231**  
**Malta, NY 12020**  
**581-2800**

**Hometown Healthcare**  
**601 19<sup>th</sup> Street**  
**Watervliet, NY 12189**  
**328-0075**

**Interim HealthCare**  
**www.interimhealthcare.com**  
**1735 Central Avenue**  
**Albany, NY 12205**  
**452-3655**  
  
**99 Ridge Street**  
**Glens Falls, NY 12801**  
**798-6811**

A licensed home care agency. Services are provided by companions, home health aides, LPN's RN's and PCA's. All care is provided under a physician's order with RN supervision. Interim's goal is to meet the client's needs and to maintain them in their home.

**Living Resources Home Care Agency**  
**www.livingresources.org**  
**300 Washington Ave. Ext.**  
**Albany, NY 12203**  
**867-8800**

Provides in-home care coordination, companion services, home health aides, medication reminders, nursing care, personal care aides and nursing assessments. Aides assist with ambulation and transfer, bathing and showering, companionship and socialization, exercise programs, escort to appointments, housekeeping, respite, shopping and meal preparation.

**NurseCore**  
**1218 Central Avenue**  
**Albany, NY 12205**  
**438-3900**

Provides nursing, allied and medical office professionals 24 hours a day, seven days a week.

**Right at Home**  
**www.capitalNYhomecare.com**  
**640 New Loudon Rd.**  
**Latham, NY 12110**  
**518-757-4040**

Provides in-home services including companionship and safety supervision; monitoring and health reminders; help with errands and housekeeping; meal planning and preparation; and assistance with doctor visits and follow-up care. In unique circumstances, may provide specialized care for clients affected by disease or disorders.

**Samuel S. Stratton Veterans  
Administration Medical Center**  
**www.albany.va.gov**

**113 Holland Avenue  
Albany, NY 12208  
626-5000 or 800-223-4810**

Provides comprehensive in-patient and outpatient, geriatric and long term care services for honorably discharged military veterans. Services include respite care, nursing home care, home care, adult day health care, primary care, post-acute care, and assisted housing.

**Saratoga County Dept. of Social  
Services**

**152 West High Street  
Ballston Spa, NY 12020  
884-4159**

Hours: 9 a.m. – 5 p.m. weekdays.  
Assists eligible individuals to safely remain at home through the provision of services such as personal care tasks, nursing, meals on wheels, lifeline, home therapies, social day care, case management, nutritional services, and medical social worker services.

**Saratoga County Public Health**  
**31 Woodlawn Avenue  
Saratoga Springs, NY 12866  
584-7460**

Hours: 8 a.m. – 5 p.m. weekdays.  
SCPH is a Certified Home Health Agency that offers skilled nursing, physical, speech and occupational therapy and 24 hour nurse availability. They also provide a medical social worker, clinics, early intervention, and other informative programs.

**Senior Solutions**

**77 Van Dam Street Suite 4  
Saratoga Springs, NY 12866  
584-1200**

Provides non-medical in-home services, companionship, housekeeping, meal preparation, laundry, shopping, transportation assistance and supervision along with respite care. State certified NPCA and health care aids.

**Seton Home Care/St Mary's Hospital**  
**1300 Massachusetts Avenue  
Troy, NY 12180  
268-5000**

Seton provides many licensed services; skilled nursing, physical, speech, and occupational therapy, home health aides, registered dietician, assessments, counseling and referrals.

**Visiting Nurses Association of Albany,  
Inc.**

**150 Broadway Suite 310  
Menands, NY 12204  
518-694-9907**

Non-profit licensed certified home health agency providing skilled nursing, physical, occupational and speech therapies, and home health aide services in Albany, Saratoga and Rensselaer counties. [www.vnaalbany.org](http://www.vnaalbany.org)

**Visiting Nurses Home Care/Medstaff**  
**71 Glenwood Avenue  
Queensbury, NY 12804  
798-1450**

Hours: 8:00 a.m. – 4:30 p.m. Offers a full range of private duty home care and facilities staffing services in 15 counties.

**VNA- Schenectady (SVNA)**  
**180 Erie Blvd.  
Schenectady, NY 12305  
382-8050**

## IDENTIFICATION

### **Motor Vehicles Department, Saratoga County**

**Ballston Spa Office**  
**40 Mc Master Street**  
**Ballston Spa, NY 12020**  
**885-2227**

Hours: Mon, Tues, Thurs and Fri.:  
8 a.m.-4:45 p.m., Wed: 8 a.m.-6 p.m.

**Clifton Park Office**  
**22 Clifton Park Center Road**  
**Clifton Park, NY 12065**  
**383-2480**

Hours: Mon, Tues, Wed and Fri:  
8 a.m.-4:15 p.m., Thurs: 8 a.m.-6 p.m.

**Saratoga Office**  
**Wilton Mall**  
**3065 Route 50**  
**Saratoga Springs, NY 12866**  
**584-7403**

Hours: Mon, Wed, Thurs and Fri:  
8:00a.m.-4:45 p.m., Tues: 8 a.m. – 6  
p.m.

**Saratoga County Office for the Aging**  
**152 West High Street**  
**Ballston Spa, NY 12020**  
**884-4100**

Hours: 2 p.m.-4 p.m., Tuesdays. CDTA  
Half- Fare cards issued to those 65 and  
over or disabled. Please bring proof of  
age, county residency and proof of  
disability when applying. A small fee  
applies.

## INFORMATION & REFERRAL

**NYS Kinship Navigator**  
**NYS Kinship Navigator**  
**87 North Clinton Ave**

**Rochester, NY 14604**  
**877-454-6463**

**[www.nysnavigator.org](http://www.nysnavigator.org)**

Information, referral and advocacy for  
kinship caregivers in New York State.  
Provides information on financial  
assistance, legal information and  
referrals, and other issues that caregivers  
face when raising children to provide  
stability and permanency in the home.

**Saratoga County Office for the Aging**  
**152 West High Street**  
**Ballston Spa, NY 12020**  
**884-4100**

Hours: 9 a.m.-5 p.m. weekdays.  
OFA provides information, referral and  
linkage to community services for the  
elderly. Also, provides information and  
assistance to family caregivers regarding  
programs and services available at OFA  
and other agencies/resources.

**Seniors Choice**  
**P.O. Box 50**  
**Saratoga Springs, NY 12866**  
**424-2527**

**[www.aseniorschoiceonline.com](http://www.aseniorschoiceonline.com)**

Working with families to make informed  
decisions in eldercare lifestyles.  
Advocate for families and help in  
navigating for proper resources

**Senior Independent Living Options**  
**P.O. Box 185**  
**Troy, NY 12182**  
**Roger Zalucky 763-6012**  
**[zaluckr@gmail.com](mailto:zaluckr@gmail.com)**  
**[www.SiloSpeakers.com](http://www.SiloSpeakers.com)**

SILO Speakers is a professional  
Speakers Bureau for Capital Region  
seniors and their families. Our  
community service offered free of  
charge provides information & options  
for the years ahead as well as expertise

in a variety of areas of interest to seniors.

**Southern Adirondack Independent Living**

**Country Club Plaza  
418 Geyser Rd  
Ballston Spa NY 12020  
584-8202**

**71 Glenwood Avenue  
Queensbury, NY  
792-3537**

**[www.sailhelps.org](http://www.sailhelps.org)**

Hours: 8 a.m.–4 p.m. weekdays.

The Center provides information and referral services for individuals with disabilities, family members and other interested parties. The center staff is exceptionally knowledgeable concerning community-based services and supports, including supports available through local, state and federal agencies. Linkage and referral is provided on a person-to-person basis as requested.

**IN HOME VOLUNTEERS**

**Care Links of Southern Saratoga County**

**543 Saratoga Road  
Glenville, NY 12302  
399-3262**

**[www.chsny.org](http://www.chsny.org)**

Hours: 9 a.m.-3 p.m. weekdays.

Trained volunteers provide free services to persons 60+. Friendly visiting, transportation, respite care, light housekeeping, yard work, meal preparation, shopping and errands, telephone assurance, and handy helping. Available in the Towns of Ballston, Charlton, Clifton Park, Halfmoon, Mechanicville, and Malta.

**Caritas, Inc.**

**142 Bay Street  
Glens Falls, NY 12801  
798-6648**

**[www.glensfallscaritascare.org](http://www.glensfallscaritascare.org)**

Companioning, respite, transportation and assistance with errands. Services the Northern Saratoga County area.

**Community Connections**

**5 Williams St.  
Saratoga, NY 12866  
584-1621**

**[www.saratogaconnections.org](http://www.saratogaconnections.org)**

Provides volunteers for home visits, respite, household chores, transportation, shopping and errands, and telephone check-ins. Community Connections' mission is to help seniors maintain an independent lifestyle by providing assistance when needed.

**LEGAL SERVICES**

**Legal Aid Society of Northeastern NY**

**40 New Street  
Saratoga Springs, NY 12866  
587-5188**

**[www.lasny.org](http://www.lasny.org)**

Hours: 9 a.m. – 12:30 p.m. and  
1:30 - 5:00 p.m. weekdays.

**Mediation Matters**

**480 Broadway, Suite LL-32  
Saratoga Springs, NY 12866  
584-6361**

**[www.mediationmatters.org](http://www.mediationmatters.org)**

Hours: 9 a.m. - 4 p.m. weekdays,  
evenings by appointment.

**Catholic Charities of the Diocese of  
Albany - Office of Immigrant Services  
40 North Main Avenue  
Albany, NY 12203  
453-6650**

The services provided include consultation and assistance with legal immigration procedures and citizenship applications.

**Saratoga County Office for the Aging  
152 West High Street  
Ballston Spa, NY 12020  
884-4100**

Hours: 9 a.m.–5 p.m. weekdays.  
Legal advice and representation is available to all seniors throughout the County through a contract with a private attorney. Call for requirements or to schedule an appointment.

**Southern Adirondack Independent  
Living Center  
Country Club Plaza  
418 Geyser Rd  
Ballston Spa NY 12020  
584-8202**

**71 Glenwood Avenue  
Queensbury, NY  
792-3537**

**[www.sailhelps.org](http://www.sailhelps.org)**

Hours: 8 a.m.–4 p.m. weekdays.  
The center offers individuals with disabilities, family members and other interested parties assistance and advocacy related to benefit and entitlement programs, community services and other local, state, or federal programs. Where necessary, assistance and advocacy is provided for informal appeals, Fair Hearings and Administrative Law Reviews. In addition, advocacy and assistance is provided for children of school age

concerning the CSE process and meetings, as well as for issues involving IDEA, FAPE, Transition Planning, Work-Study and other school-related services. Assistance and advocacy are also provided for individuals who choose to access services through VESID, CBVH, OMRDD, OMH, SOFA, DOT, Hospice and other state and local agencies.

**NURSING HOMES/  
REHABILITATION CENTERS**

*The following list of facilities  
provides physical and occupational  
therapy along with skilled nursing.*

**Diamond Hill Nursing and  
Rehabilitation Center**

**100 New Turnpike Road  
Troy, NY 12182  
235-1410**

**[www.diamondhill-rehab.com](http://www.diamondhill-rehab.com)**

A skilled nursing center offering short-term rehabilitation through physical, occupational and speech therapy as well as long term residential care. The center offers specialized equipment and accommodations for bariatric rehabilitation residents and transportation to area dialysis centers. Recreational and religious activities are also provided.

**Saratoga Center Rehab & Skilled  
Nursing Care**

**149 Ballston Avenue  
Ballston Spa, NY 12020  
885-2288**

**Pathways Nursing and Rehabilitation  
Center**

**1805 Providence Avenue  
Niskayuna, NY 12309  
374-2212**



**www.pathways-rehab.com**

A short term recovery skilled nursing center offering physical, occupational, speech and cognitive therapy for children, adults and the elderly. Services include traumatic brain injury comprehensive rehabilitation, stroke recovery, and ventilator/respiratory care. The center provides an effective alternative to extended hospitalization within a homelike environment.

**Rosewood Nursing and Rehabilitation Center**

**284 Troy Road  
Rennselaer, NY 12144  
286-1621**

**www.rosewoodrehabilitation.com**

A skilled nursing center offering short-term rehabilitation through physical, occupational and speech therapy as well as long-term residential care. Religious and recreational activities are provided.

**Saratoga Care Nursing Home**

**211 Church Street  
Saratoga Springs, NY 12866  
583-8496**

The nursing home provides long-term care and short-term rehabilitation to get back to the community.

**Seton Health at Schuyler Ridge Residential Health**

**1 Abele Boulevard  
Clifton Park, NY 12065  
371-1400**

**www.schuylerridge.org**

Provides residential health care for those requiring skilled nursing.

**The Glens Falls Hospital Center for Acute Rehabilitation**

**100 Park Street  
Glens Falls, NY 12801  
926-6110**

**www.glensfallshospital.org**

The center provides inpatient intensive physical, occupational, and/or speech therapy following an accident or illness. Patients in need of acute inpatient rehabilitation may benefit from 24-hr physician availability, 24-hr rehabilitation nursing, 3 hrs. day/5 days a week of therapy and an interdisciplinary team approach. OT/PT speech therapists.

**Wesley Health Care Center**

**131 Lawrence Street  
Saratoga Springs, NY 12866  
587-3600**

**www.wesleyhealth.com**

Wesley is a skilled nursing facility including physical therapy and occupational therapy.

**RESPITE - ADULT**

**Attentive Care**

**5 Computer Drive West  
Albany, NY 12205  
438-6271**

**Beacon Pointe Memory Care Community**

**1 Emma Lane  
Clifton Park, NY 12065  
371-2200**

**Care Links of Southern Saratoga County**

**543 Saratoga Road  
Glenville, NY 12302  
399-3262**

**www.chsny.org**

Hours: 9:00am – 3:00 p.m. weekdays.  
Trained volunteers provide free supportive services to persons 60+.  
Friendly visiting, transportation, respite care, yard work, housekeeping, meal

preparation, shopping and errands, telephone assurance, handy helping around the house (inside and outside). Available in the Towns of Clifton Park, Ballston Spa, Charlton, Halfmoon, Mechanicville, and Malta.

**Caritas, Inc.**

**142 Bay Street  
Glens Falls, NY 12801  
798-6648**

**[www.glensfallscaritascare.org](http://www.glensfallscaritascare.org)**

Caritas is a local, unique, organization of trained caregivers and community professionals providing non-medical, non-hands-on support, free of charge to seriously and terminally ill individuals and their families.

**Catholic Charities Caregivers Respite Program**

**107 Nott Terrace  
Schenectady, NY 12308  
346-1852 ext. 301**

Hours: Mon. – Fri. 7:30a.m. – 4:30 p.m.  
Services include support groups, respite services, information and assistance, and social work services.

**Home Connection Companions**

**1 Computer Drive South  
Albany, NY 12205  
459-6612 Nurse Connections  
453-5446 Home Connections**

**Home Health Care Partners**

**1830 Riverfront Center  
Amsterdam, NY 12010  
842-6718 or 800-342-1426**

This New York State Licensed Home Care Agency offers companion services, home health aide services and nursing services.

**Home Instead Senior Care**

**12 Mountain Ledge Dr. Suite 3**

**Gansevoort, NY 12831**

**580-1042**

**[www.homeinstead.com/341](http://www.homeinstead.com/341)**

Home Instead provides non-medical companion and home-helper service including light housekeeping, laundry, meal preparation, shopping, errands and incidental transportation. Long term and short term respite services available and dementia care available.

**1<sup>st</sup> Community**

**Marjorie Doyle Rockwell Center**

**421 W. Columbia Street  
Cohoes, NY 12047  
238-4179**

**2<sup>nd</sup> Community**

**Eddy Alzheimer's Center**

**Eddy Hawthorne Ridge  
32 Community Way  
East Greenbush, NY 12061  
279-5502**

**[www.EddySeniorLiving.com](http://www.EddySeniorLiving.com)**

**Saratoga County Office for the Aging  
Caregiver Program**

**152 West High Street  
Ballston Spa, NY 12020  
884-4100**

Hours: 9 a.m. – 5 p.m. weekdays.  
Information and assistance, counseling, respite, and supportive services. Safe Return bracelets for Alzheimer's patients and assistance in securing emergency response systems. Care receivers must be over 60, a resident of Saratoga County and have deficiencies in at least two activities of daily living.

**Senior Solutions**

**77 Van Dam Street, Suite 4  
Saratoga Springs, NY 12866  
584-1200**

Services include companionship and Respite Care.

**Stratton VA Medical Center**  
**113 Holland Ave.**  
**Albany, NY 12208**  
**626-5000**

Must be eligible veteran to receive respite.

## **RESPITE - CHILDREN**

**Pathways Nursing and Rehabilitation Center**  
**1805 Providence Avenue**  
**Niskayuna NY 12309**  
**374-2212**

**[www.pathways/rehab.com](http://www.pathways/rehab.com)**

Respite services for children from birth to age 21 designed to provide a break for caregivers. This is an in-patient, overnight program with 24 hour nursing care, physical, occupational and speech therapy, as needed, and therapeutic recreational activities within a community atmosphere.

Accommodations for children with developmental delays, special feeding requirements, seizure disorders, neuromuscular disease, congenital illnesses and ventilator dependency. Funded through Medicaid up to 42 days per year at no charge to the caregiver.

## **SENIOR CLUBS/ CENTERS**

**Ballston Area Seniors**  
**310 North Line Road**  
**Ballston Spa, NY 12020**  
**885-6740**

Thursdays 10 a.m. – 2 p.m.

**Corinth Senior Citizens Center**

**22 Hamilton Avenue**  
**Corinth, NY 12822**  
**654-2040**

Mon. – Fri. 8:00 a.m. – 3:00 p.m.

**Galway Senior Citizens Club**  
**Galway Town Hall**  
**Route 147**  
**Galway, NY 12074**  
**Dan Baxter 882-6749**

**Greenfield Senior Club**  
**Greenfield Community Center**  
**P.O. Box 10**  
**Greenfield Center, NY 12833**  
**Sandra Kanar 893-7745**

**Hadley Community Center**  
**23 Maple Avenue**  
**Hadley, NY 12835**  
**696-4886**

**Halfmoon Senior Center**  
**285 Lower New Town Road**  
**Halfmoon, NY 12065**  
**371-3892**

**Malta Senior Citizens, Inc.**  
**Malta Community Center**  
**1 Bayberry Drive**  
**Malta, NY 12020**  
**376-3648**

**Mechanicville Area Senior Center**  
**178 North Main Street**  
**Mechanicville, NY 12118**  
**664-7877**

**Moreau Community Center Seniors**  
**144 Main Street**  
**South Glens Falls, NY 12803**  
**792-6007**

Mon. – Fri. 8:00 a.m. – 4:00 p.m.

**Old Saratoga Senior Club**  
**PO Box 60**  
**Schuylerville, NY 12871**

**793- 0813**

**Quaker Springs Sunshiners**  
**Quaker Springs Firehouse**  
**107 Blodgett Road**  
**Schuylerville, NY 12871**  
**695-6121**

**Sacandaga Senior Citizens**  
**Edinburg Community Center**  
**47 Military Road**  
**Edinburg, NY 12134**  
**863-2793**  
**863-6091**

**Senior Citizens Center of Saratoga Springs**  
**5 Williams Street**  
**Saratoga Springs, NY 12866**  
**584-1621**

**Shenendehowa Adult Community Center**  
**6 Clifton Common Court**  
**Clifton Park, NY 12065**  
**383-1343**

**Waterford Senior Club**  
**Civic Center**  
**125 Second Street**  
**Waterford, NY 12188**  
**235-8500**

**Wilton Senior Citizens Center**  
**18 Traver Road**  
**Gansevoort, NY 12831**  
**587-6363**

Tues. – Thurs. 9:00 a.m. – 3:00 p.m.

## **SENIOR HOUSING**

**Adam Lawrence Apartments**  
**364 West Maple Street**  
**Corinth, NY 12822**  
**654-9162**

Office hours: Mon. – Tues.  
9:00 a.m. – 5:00 p.m. and

Wed. 9:00 a.m. – 2:00 p.m.

**Ballston Pines**  
**155 Rowland Street**  
**Ballston Spa, NY 12020**  
**884-9401**

Office hours: Tues. and Thurs.  
8:30 a.m.–3:00 p.m.

**Bishop Hubbard Senior Apartments**  
**54 Katherine Drive**  
**Halfmoon, NY 12065**  
**383-2705**

Office hours: Tues. and Thurs.  
9:00 a.m. – 4: 30 p.m.

**Coburg Village**  
**One Coburg Village Way**  
**Rexford, NY 12148-1467**  
**371-500**

**Council Meadows**  
**126 Council Lane**  
**Burnt Hills, NY 12027**  
**399-9232**

**Doubleday Woods**  
**91 Church Avenue**  
**Ballston Spa, NY 12020**  
**885-1900**

**Embury Apartments**  
**133 Lawrence Street**  
**Saratoga Springs, NY 12866**  
**587-3300**

**Highpointe at Malta Senior Apts**  
**30 Rockrose Way**  
**Malta, NY 12020**  
**583-7977**

Office hours: Mon. – Thurs.  
9:00 a.m. – 3:00 p.m.

**Kirby Village**  
**9 Kirby Road**  
**Saratoga Springs, NY 12866**  
**583-4608**

Office hours: Mon. and Fri.  
2:30 p.m.–5:00 and  
Thurs. 8:30 a.m. – 5:00 p.m.

**Malta Meadows**  
**5 Applewood Drive**  
**Ballston Lake, NY 12019**  
**899-1552**

Office hours: Tues. and Thurs.  
10 a.m. – 5 p.m. and  
Wed. 10 a.m. – 3:00 p.m.

**Marina Woods Senior Housing**  
**2000 Marina Drive**  
**Halfmoon, NY 12065**  
**348-0213**  
Office hours: Tues. and Fri.  
9:00 a.m. – 5:30 p.m.

**Meadow View at Clifton Park**  
**579 Waite Road**  
**Rexford, NY 12148**  
**383-3803**

**Mechanicville Elderly Housing**  
**180 North Main Street**  
**Mechanicville, NY 12118**  
**664-4436**

Office hours: Mon. – Fri.  
8:00 a.m. – 4:30 p.m.

**Midtown Apartments**  
**18-20 Riverview Street**  
**South Glens Falls, NY 12803**  
**792-3029**

**Milton Village**  
**300 Northline Road**  
**Ballston Spa, NY 12020**  
**884-9767**

**Mohican Hill Apartments**  
**Fairground Avenue**  
**Ballston Spa, NY 12020**  
**885-4232**

**Northern Pines Senior Apartments**  
**120 Northern Pines Road**  
**Wilton, NY 12866**  
**581-8959**

Office hours: Mon. Wed. and Thurs.  
9:15 a.m. – 3:15 p.m.

**Prestwick Chase**  
**100 Saratoga Boulevard**  
**Saratoga Springs, NY 12866**  
**584-7766**

Office hours: Mon. – Fri.  
9:00 a.m. – 5:00 p.m.

**Raymond Watkin Apartments**  
**57 Ballston Avenue**  
**Saratoga Springs, NY 12866**  
**587-2641**

**Saratoga West**  
**11 Kirby Road**  
**Saratoga Springs, NY 12866**  
**581-9738**

Office hours: Mon. and Fri.  
11:30 a.m. – 2:30 p.m. and  
Tues. 8:30 a.m.–5:00 p.m.

**Schuylerville Manor**  
**2 Morgan's Run**  
**Schuylerville, NY 12871**  
**695-4865**

Office hours: Mon. and Fri.  
8:30 a.m. – 11:00 a.m. and  
Wed. 8:30 a.m. –5:00 p.m.

**Shenendehowa Village**  
**300 Solomon Avenue**  
**Clifton Park, NY 12065**  
**373-1900**

**Stonequist Apartments**  
**1 South Federal Street**  
**Saratoga Springs, NY 12866**  
**584-6600**

Office hours: Mon. – Fri.  
8:00 a.m.–2:00 p.m.

**Trieble Village**  
322 Northline Road  
Ballston Spa, NY 12020  
885-6997

Office hours: Tues.–Fri.  
7:30 a.m.–12:00 p.m.

**Van Schoonhoven Square**  
1 Van Schoonhoven Square  
Waterford, NY 12188  
235-0514

**Westview Apartments**  
125 West Avenue  
Saratoga Springs, NY 12866  
583-8800

Office hours: Mon. – Fri.  
8:30 a.m.–5:00 p.m.

**Wilton Commons**  
100 Wilton Commons Drive  
Gansevoort, NY 12831  
581-7696

Office hours: Mon. Wed. and Thurs.  
9:00 a.m.–2:00 p.m.

**Woodlawn Commons**  
156 Lawrence Street  
Saratoga Springs, NY 12866  
691-1560

## **SUPPORT GROUPS**

**Alcoholics Anonymous**  
P.O. Box 49  
Stillwater, NY 12170  
587-0407 24 hour service

**Alliance for Positive Health**  
[www.Allianceforpositivehealth.org](http://www.Allianceforpositivehealth.org)  
(Formerly AIDS Council of NENY)  
927 Broadway  
Albany, NY 12207  
443-4686 Ext. 2302

**Alzheimer's Association**  
800-272-3900  
867-4999  
[www.alz.org/northeastern/ny/](http://www.alz.org/northeastern/ny/)

**The Caregiver Space, Inc.**  
31 West 21<sup>st</sup> Street, 4<sup>th</sup> Floor  
New York, NY 10010  
855-522-5524  
[www.thecaregiverspace.com](http://www.thecaregiverspace.com)

**Charcot-Marie-Tooth Association**  
527-0895 Elizabeth Misener  
[www.cmtausa.org](http://www.cmtausa.org)

**Crohns/Colitis**  
439-0252

**Elder Locator**  
800-677-1116

**Hearing/Rehab Center (Glens Falls Hospital)**  
926-2000, option 2

**Literacy NY Greater Capital Region**  
49 Henry Street, 1<sup>st</sup> Floor  
Saratoga Springs NY 12866  
583-1232

**National Kidney Foundation**  
[www.healthykidneys.org](http://www.healthykidneys.org)  
458-9697

**Oncology Support for Patient & Families (Glens Falls Hospital)**  
926-6629 or 926-6639  
926-6563 Lisa Haase

**Shelters of Saratoga, Inc.**  
14 Walworth Street  
Saratoga Springs, NY 12866  
581-1097

## TRANSPORTATION

Transportation is available in the following areas. Please call 24 hours in advance to make reservations.

Ballston, Malta, Milton, Wilton  
Greenfield & Northumberland  
**A + H Services 884-4100**

Charlton, Providence, Galway,  
Edinburg, Saratoga  
**A + H Services 884-4100**

Clifton Park residents only. Town of  
Clifton Park and Shenendehowa Seniors  
**371-4444**

Corinth  
**Corinth Senior Center 654-2040**  
**Town Hall Hadley/Day 696-3789**

Halfmoon  
**Senior Express 664-2186**

Mechanicville  
**City Hall 664-5651**

Schuylerville/Town of Saratoga  
**A + H Services 884-4100**

Saratoga Springs  
**A + H Services 884-4100**

Stillwater  
**Community Committee On  
Eldercare (CCE) 664-6856 Ext.18**

Waterford  
**Waterford Senior Center 235-8500**  
**Senior Medical Van 527-4589**

Scheduled bus routes

**CDTA 482-8822**  
**CDTA Star Program 482-2022**

### Care Links of Southern Saratoga County

**543 Saratoga Road**  
**Glenville, NY 12302**  
**399-3262**

**www.chsny.org**

Open weekdays 9:00 a.m. – 3:00 p.m.  
Trained volunteers provide free services  
to persons 60+. Available in the Towns  
of Clifton Park, Halfmoon,  
Mechanicville, and Malta.

### Community Human Services

**543 Saratoga Road**  
**Glenville, NY 12302**  
**399-4624**

Wellness Express Monday-Friday.  
Transportation is provided to residents in  
the Town of Ballston, the village of  
Ballston Spa, Town of Charlton, Town  
of Malta, Town of Galway, Town of  
Providence and the Town of Milton to  
and from medical appointments in the  
capital region. Advance notice is  
required to make a reservation.

### Saratoga County Department of Social Services

**152 West High Street**  
**Ballston Spa, NY 12020**  
**884-4169 or 855-852-3292**

Hours: 9 a.m.–5 p.m. weekdays.  
**Medicaid Transportation** availability is  
determined by a caseworker and  
evaluated annually. Medical  
appointments only. Wheelchair  
accessibility. Minimum 3 day notice.

### Moreau Community Center

**144 Main Street**  
**So. Glens Falls, NY 12803**  
**792-6007**

Hours: 8:00 a.m. – 4:00 p.m.  
Transportation is available to residents  
in the South Glens Falls School District.

**Saratoga County Office for the Aging**  
**152 West High Street**  
**Ballston Spa, NY 12020**  
**841-4100**

Transportation to medical appointments  
only. No wheelchair accessibility.  
Minimum one week notice. Suggested  
round trip donation is \$2 within the  
county and \$5 outside of the county.

**Southern Adirondack Independent  
Living**

**Country Club Plaza**  
**418 Geyser Rd**  
**Ballston Spa NY 12020**  
**584-8202 or 792-3537**

**[www.sailhelps.org](http://www.sailhelps.org)**

Hours: 8 a.m. – 4 p.m. weekdays.  
The center provides information and  
training concerning transportation  
services to individuals with disabilities,  
family members and other interested  
parties. In addition, the center assists  
with arranging transportation and/or  
providing direct training for individuals  
with disabilities to arrange or use  
transportation services.

**Veterans Affairs Division**  
**Saratoga County Office Building**  
**152 West High Street**  
**Ballston Spa, NY 12020**  
**884-4115**

Transportation is available to the VA  
Medical Center in Albany on Tuesday,  
Thursday and Friday by appointment.  
Give name, last 4 numbers of SS  
number, clinic destination and time of  
appointment. This is a free service.

## **VOLUNTEER OPPORTUNITIES**

**Care Links of Southern Saratoga  
County**

**543 Saratoga Road**  
**Glenville, NY 12302**  
**399-3262**  
**[www.chsny.org](http://www.chsny.org)**

Open weekdays. Trained volunteers  
provide free supportive services to  
persons 60+. (Available in the Towns of  
Clifton Park, Halfmoon, Mechanicville,  
and Malta.)

**Community Connections**

**5 Williams St.**  
**Saratoga, NY 12866**  
**584-1621**

**[www.saratogacommunityconnections.org](http://www.saratogacommunityconnections.org)**

Volunteers needed for home visits,  
respite assistance, household chores,  
transportation, shopping and errands,  
and telephone check-ins. Volunteers  
assist with tasks that appeal to their  
interests, skills and time restraints,  
according to their own schedule.

**Foster Grandparent Program**  
**Commission on Economic  
Opportunity (CEO)**

**2328 Fifth Avenue**  
**Troy, NY 12180**  
**272-6012 ext. 288 Tracy Brown**  
**[www.ceoempowers.org](http://www.ceoempowers.org)**

Serve 15-40 hours a week in schools,  
hospitals, correctional institutions, Head  
Start and day care centers. Volunteers  
must meet income eligibility  
requirements.



**Home Delivered Meal Volunteer  
Saratoga County Office for the Aging  
152 West High Street  
Ballston Spa, NY 12020  
363-4020**

A volunteer program that recruits all ages to deliver nutritious noon-time meals to homebound seniors 60+ throughout Saratoga County.

**The Retired and Senior Volunteer Program Saratoga Office for the Aging**

**152 West High Street  
Ballston Spa, NY 12020  
884-4100**

(RSVP) is part of the Corporation for National & Community Service, a national volunteer agency. Anyone 55 years or older is eligible to become a volunteer. RSVP offers opportunities to serve in many locations. Volunteer assignments are a match between the specific interests of the volunteer and the particular needs of an organization.

**Senior Companion**

**3 Care Lane, Suite 200  
Saratoga Springs, NY 12866  
581-3074**

Offers part-time opportunities for seniors to develop one-to-one relationships with developmentally disabled adults. Participants, who are income eligible, receive a tax-free stipend, possible transportation, daily meal, orientation and training.

**VOTER REGISTRATION**

**Board of Elections, Saratoga County  
50 West High Street  
Ballston Spa, NY 12020  
885-2249**

Hours: 9 a.m.–5 p.m. weekdays.  
Registers eligible persons to vote and maintains central file of registered county voters. Provides upon request, absentee ballots for permanently ill, military, and out-of-town voters. Coordinates and oversees elections, maintains information on voting locations, election results, and legislative district boundaries. Tests prospective election inspectors, receives party-designating petitions for filing and keeps records of financial filing.

**Southern Adirondack Independent Living**

**Country Club Plaza  
418 Geyser Rd  
Ballston Spa NY 12020  
584-8202 or 792-3537**

Hours: 8:30 a.m.-4:30 p.m.  
Provides information concerning voting and the right to vote to individuals with disabilities. Provides assistance with the voter registration process as requested.

**WEATHERIZATION/  
HOUSING SERVICES**

**Care Links of Southern Saratoga County**

**543 Saratoga Road  
Glenville, NY 12302  
399-3262  
[www.chsny.org](http://www.chsny.org)**

Open weekdays. Trained volunteers provide supportive services, at no cost, to persons 60+. Friendly visiting, transportation, respite care, light housekeeping, yard work, short-term meal preparation, shopping and errands, telephone assurance, information and referral handy helping around the house (inside and outside). Available in the

Towns of Clifton Park, Halfmoon,  
Mechanicville, and Malta.

**Housing Program of EOC**

**39 Bath Street  
Ballston Spa, NY 12020  
288-3206**

Hours: 8:30 a.m. - 4:30 p.m. weekdays.  
EOC helps income eligible county  
residents better manage fuel and energy  
costs with the weatherization assistance  
program.

**Rebuilding Together Saratoga County**

**130 Milton Avenue  
Ballston Spa, NY 12020  
587-3315**

**[www.RTSaratoga.org](http://www.RTSaratoga.org)**

Non-profit organization that rehabilitates  
the homes of low-income disabled  
and/or elderly homeowners, so that they  
may continue to live in warmth, safety  
and independence.

**Roarke Custom Builders**

**1969 Ferndale Rd.  
Castleton, NY 12033  
689-0066**

Roarke Custom Builders has been  
providing professional building and  
remodeling services throughout the  
Capital Region since 1986. Certified  
through NAHB as aging in place  
specialists.

**Saratoga County Rural Preservation  
Company**

**36 Church Avenue  
Ballston Spa, NY 12020  
885-0091**

Hours: Mon. – Fri. 8:30 a.m. – 4:30 p.m.  
Administers Sec 8 Rental Assistance  
program, Veterans Apartments, Budget  
Counseling and Veterans Employment  
Services.

**Saratoga Home and Energy  
587-3158**

Hours: 7:30 a.m.-3:30 p.m. weekdays.  
No cost dwelling repair options for  
households and small businesses in  
Saratoga and Schenectady counties.  
Open to HEAP eligible clients.

**Saratoga Springs Office of  
Community Development**

**City Hall 474 Broadway  
Saratoga Springs, NY 12866  
587-3550, ext. 2575**

Hours: 9 a.m.-5 p.m. Mon.  
9 a.m.-4:30 p.m. Tues.–Fri.  
Community Development provides  
housing rehabilitation grant and loan  
programs, information and referral  
services.

**Schrader and Company Inc.**

**850 Saratoga Rd., PO Box 70  
Burnt Hills, NY 12027  
399-1881**

**[www.schraderandco.com](http://www.schraderandco.com)**

Office hours: 7:30 a.m. – 4:00 p.m.  
Certified through AARP and Home  
Builders Association as aging in place  
specialists.

**Southern Adirondack Independent  
Living Center**

**Country Club Plaza  
418 Geyser Rd  
Ballston Spa, NY 12020  
584-8202 or 792-3537**

Hours: 8:30 a.m. - 4:30 p.m.  
The center offers individuals with  
disabilities, family members and other  
interested parties information, advice  
and assistance with overcoming  
architectural barriers occurring in any  
privately or publicly owned residence,  
business, constructed facility or  
proposed building or facility. The center  
also provides detailed plans and written

advice as well as information and assistance for accessing funding sources.

**Spare Hands LLC**

**P.O. Box 610**

**Saratoga Springs, NY 12866**

**337-0752**

Spare Hands is a company committed to serving the needs of the older population by using the most streamlined approach possible to deliver needed services.

**Umbrella of Capital District Inc.**

**9 north Broadway**

**Schenectady, NY 12305**

**346-5249**

**[www.theumbrella.org](http://www.theumbrella.org)**

Nonprofit agency dedicated to helping senior citizens and person with disabilities live comfortably, safely and independently in their own homes. Services provided include low cost handyman service, house cleaning, lawn and garden work, plumbing, electrical repairs, grocery shopping, transportation and information and referral.

**United States Department of  
Agriculture (USDA) - Rural  
Development**

**2530 NYS Route 40**

**Greenwich, NY 12834**

**Phone: 692-9940, option 4**

**[www.rurdev.usda.gov](http://www.rurdev.usda.gov)**

Hours: 8 a.m. - 4:30 p.m. weekdays.  
Services include financial assistance for income eligible homeowners. Loan or grants are for ages 62+ and for home repairs and construction. Loans for home ownership are available

## SECTION 2: HOME HEALTH CARE GLOSSARY

### Introduction

This section provides generic descriptions of various Home Health Care terms.

### Glossary

**acute care---** Care required by a client/patient for a short period, usually until an underlying condition is resolved. Acute care is delivered in a variety of settings including home, hospitals, and nursing facilities.

**case management---** Coordination of a client/patient's health care services to ensure appropriate, quality care as their health care and social needs change.

**companion aide---** Provides companionship for a client/patient and assists with tasks such as homemaking, meal planning, shopping, transportation, and possibly personal care.

**home health aide---** Paraprofessional caregivers through New York-approved programs provide hands-on personal care and light homemaking tasks. Aides may provide expanded health related tasks when trained and supervised by a Registered Nurse.

**homemaker/housekeeper---** Provides assistance with domestic tasks such as light housekeeping, laundry, shopping, and meal preparation.

**information and referral---** Service to answer questions and guide the client/patient to appropriate services.

**infusion therapy---** Intravenous medication administration for therapeutic purposes. Infusion therapy may include administration of antibiotics, hyperalimentation, chemotherapy, pain control medicines,

hydration fluids, and selected blood products.

### **licensed practical nurse (LPN) ---**

Provides a broad range of nursing services, including administration of prescription medicines, insulin injections, and monitoring of vital signs.

**long-term care (LTC) ---** Care required by some children and adults with disabilities. Care ranges from household tasks to skilled nursing services. LTC is delivered in a variety of care settings, including home, adult home, and nursing facilities.

**master of social work (MSW) ---** This licensed professional assesses the social and emotional factors impeding the client/patient's ability to cope with problems of daily living. Counsels and assists clients/patients and their families to understand and follow a medical treatment plan. Provides services to restore optimum health and social adjustment.

**nutritional education---** Provides nutritional services to the client/patient as prescribed by their physician, including nutrition assessment, and counseling to meet normal and therapeutic needs.

**occupational therapy (OT) ---** Performs diagnostic tests, measurements, and evaluations, such as mobility of joints, strength and endurance of muscles. Initiates and applies appropriate prevention, therapeutic and rehabilitative occupational therapy procedures and techniques.

**personal care aide (PCA) ---** Trained paraprofessionals assist sick or disabled individuals with personal care and homemaking tasks.

**physical therapist (PT) ---** Performs diagnostic tests and evaluations, such as

joint mobility, stability and appearance of walking, strength and muscle endurance.

**rehabilitation services---** Programs carried out in the home and individually designed for clients/patients with traumatic brain injury, strokes, multiple congenital anomalies, multiple sclerosis, muscular dystrophy, Lou Gehrig's disease, encephalitis, and severe arthritis, among others. Treatment addresses physical, mental, social, economic and behavioral needs to prevent acute illness, restore maximum function and move to client/patient toward the least restrictive environment.

**registered nurse (RN) ---**Performs all nursing functions including the most highly technical procedures, such as caring for clients/patients on ventilators or providing home infusion therapy. Performs client/patient assessments, initiates nursing services, and makes appropriate referrals. Takes the role of a case manager in a certified agency.

**respiratory therapist (RT) ---** Employs specific testing techniques to assist in diagnosis, monitoring, and treatment of those with respiratory problems. Provides respiratory rehabilitation, appropriate instruction, and supportive counseling for the client/patient and family until the optimum recovery level is achieved.

**respite ---** Short term services provided in the home or in a facility designed to give the caregiver a break from care responsibilities. This allows caregivers time to take a vacation, attend to business, clean house, sleep, or perform other activities. May include nursing, personal care, meals, personal emergency response system and community services.

**shopper service---**Agency workers visit a client/patient's home to help prepare a grocery list. Shopper visits the grocery store and returns all purchases to the clients/patient's residence. Some assistance is available to put supplies away.

Arrangements can be made regarding handling of client/patient money, food stamps or checks, payment of utility bills, prescriptions and other banking needs.

**Sleepover---** Services provided overnight in an eight hour or longer shift while the client/patient or family sleeps.

**speech therapy---** Assesses and evaluates client/patient's need for speech, language and/or audiology services. Initiates and applies appropriate preventive, therapeutic and rehabilitative procedures and techniques.

**Twenty-four-hour care---**Services that are provided "around-the-clock."

**twenty-four-hour on-call---**Availability of staff 24 hours a day, seven days a week to screen calls, coordinate or provide services as necessary.

## SECTION 3: LONG-TERM CARE GLOSSARY

### Introduction

This section provides generic descriptions of various long-term care options.

### Long-Term Care Options

Many long-term care alternatives and services are available for elders. Before choosing what is right for you or a family member, it is important to understand the various levels of care associated in providing such services. Though families often go to great lengths in caring for aged loved ones, they may not be able to provide the best physical and emotional care without experiencing undue emotion, physical, or financial stress. When a person must decide the best alternative arrangement for meeting personal and health care needs, the following options are available:

### Glossary

**adult care facility (ACF)** --- 24 hour supervised living provides assistance with personal care (bathing, dressing, grooming); monitors residents' medications and physical/social needs. Three meals a day are included.

**adult day care**--- Provides supervised daily programs outside the home, including group and individual activities, nutritional meals, and companionship. Different programs may provide services such as nursing.

**assisted living**--- Provides an environment that is less restrictive at a more affordable price by combining the services of an adult care facility and licensed home care agency. Services, which may include acute and long-term home care, are based on each individual's health care needs.

**enriched living**---Offered to residents who need basic support services such as housekeeping, laundry, meals, etc.

**family-type home for adults (FTHA)** --- New York certified home providing long-term residential care, including room, board, personal care, and supervision, for one to four adults unrelated to the operator.

**home health care**---Services ranging from personal care assistance to nursing services to physical therapy are provided in the home by qualified home health care agencies.

**independent living**---Provides apartment living for well elderly. Handicap accessible. Safety devices grab bars, emergency call bells frequently provided. Residents care for self and apartment.

**residential care facilities**---Provides room and board. In addition may offer social, recreational and spiritual programs, housekeeping, and emergency response systems.

**respite care**--- Provides temporary supportive care in a nursing facility or adult care facility for those who normally live in the community, but whose caregivers need relief (also known as short-term schedule care).

**skilled nursing facility (SNF)** --- Provides intensive medical care, rehabilitative programs, and other specialized services under the supervision of an interdisciplinary care team for chronically ill and disabled elders.

## SECTION 4: LEGAL GLOSSARY

### **Introduction**

It is becoming increasingly clear that elderly people have very specific needs. It is also clear that there are some special legal concerns for those who provide care (caregivers) for the elderly. The following is a brief list of some of the terms that elderly people and their caregivers might find useful in working through their special legal needs.

**alternative decision-making---** Elderly people are often in need of someone to assist them in making decisions. There are several ways to make another the “legal decision-maker” for oneself, including: a) guardianship, b) representative payeeship, c) durable power of attorney, and d) trust agreements.

**durable power of attorney---** A document signed by an individual in which he or she appoints another to serve as his or her agent. This lasts beyond disability or incapacity. A person does not forgo any of his or her legal rights by signing a **DPOA**. The document can be modified or revoked at any time prior to disability or incapacity. It is a very useful document because it allows the “incapacitated” to make his or her own decisions to the extent possible. It also gives the “incapacitated” person a choice in who will serve as the alternate decision maker. A Durable Power of Attorney can be signed only when one is “competent” to do so. It is very important to consider naming an alternate agent in the event that the first agent predeceases the protected person. The document must be notarized. Two witnesses are recommended as well.

**guardianship---** This is the most restrictive form of alternative decision making, requiring a court order. The guardian must report annually to the court. The “ward” (person subject to the guardianship) loses all of his or her rights, and is not considered competent to make decisions. The person

requesting the guardianship must prove by clear and convincing evidence that the proposed ward is not competent.

**living will---** A document signed by an individual in which he or she expresses what his or her desires are in the event of a terminal illness or irreversible coma. It should be notarized and witnessed, and can be included in a Durable Power of Attorney.

**medical durable power of attorney---** Same as a Durable Power of Attorney except specifically designed for medical decision making.

**representative payeeship---** A representative payee is a person appointed by the Social Security Administration to handle all of the protected person’s Social Security affairs. In order to be appointed, a person must file an application with the Social Security office and have medical verification that the protected person is not capable of handling his or her own Social Security matters.

**springing durable power of attorney---** Same as the durable power of attorney except that it becomes effective upon disability or incapacity. A definition of disability or capacity must be included in the document.

**trust---** A legal entity in itself, capable of owning property. A trust is managed by a trustee for the benefit of another (beneficiary). It is possible to be your own trustee. A trust is most often used for estate planning purposes or to protect the assets of another. It is sometimes used by people who want to ensure that they will be cared for in later years. Can be a good estate planning tool; however, can be more costly than a will or probate, depending upon the size of the estate involved.

## ***Alphabetical Index***

- A&H Services - 31  
Accent Health Care Services -18  
Acces-VR - 12  
Adam Lawrence Apartments -28  
Adept Health Care Services -18  
AIM Services, Inc. - 12  
Alcoholics Anonymous -30  
All Metro Health Care - 19  
Alliance for Positive Health -30  
Alzheimer's Association - 30  
American Association for Retired Persons (AARP) - 5  
American Cancer Society -7, 16  
Any Time Home Care, Inc. – 19  
Attentive Care – 19, 25  
Ballston Area Seniors - 27  
Ballston Pines - 28  
Beacon Pointe Memory Care – 4, 25  
Bishop Hubbard Senior Apartments – 28  
Board of Elections, Saratoga County - 33  
Bright Horizons - 10  
Cancer Services Program - 7  
Capital Region Diabetes and Endocrine Care - 16  
Care Links of Southern Saratoga County- 23, 25, 31, 32, 33  
Caritas – 23, 26  
Catholic Charities Disabilities Service - 12  
Catholic Charities of Saratoga, Warren, and Washington Counties – 7  
Catholic Charities of the Diocese of Albany, Office of Immigration - 24  
Catholic Charities Caregivers Respite Program – 26  
Catholic Charities Senior Caregiver and Support Services, Long Term Care Ombudsman - 4  
CDTA – 31  
Center for Disability Services - 12  
Charcot-Marie-Tooth Association - 30  
CHOICES - 7  
Christ Episcopal Church - 9  
City Hall Mechanicville - 31  
Clearpoint Credit Counseling Solutions - 10  
Coburg Village – 28  
Community Committee on Eldercare - 31  
Community Connections – 23, 32  
Community Hospice of Saratoga - 16  
Community Human Services – 31  
Companions for the Elderly - 19  
Concepts of Health Care -19  
Cook Adult Home - 4  
Coram Specialty Infusion Services - 14  
Corinth First Presbyterian Church - 9  
Corinth Senior Citizens Center – 27, 31  
Cornell Cooperative Extension Housing Counseling – 10  
Cornell Cooperative Extension of Saratoga County – 15  
Council Meadows - 28  
Crohns/Colitis – 30  
Diamond Hill Nursing and Rehabilitation Center - 24  
Direct Link – 14  
Direct Salvation Army - 15  
Doubleday Woods - 28  
Eazylift Elevators - 14  
Eddy Alzheimer's Center - 26  
Eddy Home Care – 19  
Eddy Lifeline - 14  
Eddy Visiting Nurse Association - 19  
Elder Locator – 30  
Elder Care Program of the Mechanicville Community Center - 8  
Ellis Dental – 11  
Ellis Lifeline - 14  
Elderly Pharmaceutical Insurance Coverage (EPIC) - 16  
Embury Apartments - 28  
Epilepsy Foundation of NENY - 16  
First Baptist Church - 9  
Fort Hudson Homecare - 19  
Foster Grandparent Commission on Economic Opportunity – 32  
Galway Senior Citizens Club - 27



Gay, Lesbian and Straight Education - 5	Malta Meadows - 29
Gentiva Health Services - 19	Malta Senior Citizens, Inc. - 27
Glens Falls Association for the Blind and Visually Impaired - 16	Managed Care - 6
Glens Falls Hospital Center for Acute Rehabilitation - 25	Marina Woods Senior Housing - 29
Glens Falls Hospital Medical Alert Service – 14	Marjorie Doyle Rockwell Center – 26
Greater Adirondack Home Aides – 19	Meadow View of Clifton Park - 29
Greenfield Senior Club – 27	Mechanicville Area Senior Center - 27
Hadley Community Center - 27	Mechanicville Elderly Housing - 29
Halfmoon Senior Center – 27	Mechanicville City Hall – 31
Hannaford – 13	Mediation Matters – 23
Healthy Capital District Initiative - 17	Medicaid - 6
Hearing/Rehab Center Glens Falls Hospital - 30	Midtown Apartments - 29
Highpointe at Malta Senior Apartments - 28	Milton Village – 29
Home Connection Companions – 26	Mohican Hill Apartments - 29
Home Delivered Meals - 33	Moreau Community Center Seniors – 27, 31
Home Energy Assistance Program -6	Motor Vehicles Department-Saratoga County – 22
Hometown Healthcare - 20	National Alliance for the Mentally Ill - 5
Home Health Care Partners – 19, 26	National Center for Transgender Equality - 5
Home Helpers/Direct Link - 19	National Grid - 5
Home Instead Senior Care – 20, 26	National Kidney Foundation – 30
Home of the Good Shepherd - 4, 20	National Institute of Mental Health - 5
Hometown Health Centers – 11	Northeastern Association of the Blind – 17
Housing Program of EOC – 34	Northern Pines Senior Apartments - 29
Hudson Valley Community College - 11	NurseCore -20
In Our Own Voices - 5	NY Medicaid Choice (Maximus) - 18
Interim Healthcare – 20	NYS Justice Center for Protection of People with Special Needs – 12, 14
Kirby Village - 28	NYS Kinship Navigator - 22
Lambda Legal National Headquarters - 5	New York Statewide Senior Action Council, Inc. - 5
Legal Aid Society of Northeastern NY - 23	Old Saratoga Senior Club - 27
Lena’s Adult Day Care Services - 11	Oncology Support for Patient & Families (Glens Falls Hospital) - 30
LGBT Aging Center - 5	Pathways Nursing and Rehabilitation Center – 24, 27
LifeFone -14	Prestwick Chase – 29
Lincare - 13	Pride Center of the Capital Region - 5
Link to Life – 15	Prime Care Medical Equipment - 13
Literacy NY Greater Capital Region - 30	ProcAir Inc. - 13
Living Resources Home Care Agency - 20	Prospect Child and Family Care - 12
Long Term Care Ombudsman, Catholic Charities Senior Caregiver and Support Services - 4	Quaker Springs Sunshiners -28
	Raymond Watkin Apartments - 29

Rebuilding Together Saratoga County - 34  
 Retired Senior Volunteer Program (RSVP) – 33  
 Right at Home – 20  
 Roarke Custom Builders - 34  
 Rosewood Nursing & Rehabilitation Center - 25  
 Sacandaga Senior Citizens - 28  
 Samuel S. Stratton Veterans Administration Medical Center -21  
 Saratoga Bridges - 12  
 Saratoga Care Nursing Home – 25  
 Saratoga Center Rehab and Skilled Nursing Care - 24  
 Saratoga Community Health Center – 11, 17  
 Saratoga County Alcohol and Substance Abuse Services- 8  
 Saratoga County Department of Social Services – 4, 6, 21, 31  
 Saratoga County Mental Health Center - 8  
 Saratoga County Office for the Aging – 8, 16, 18, 22, 24, 26, 32, 33  
 Saratoga County Public Health - 21  
 Saratoga County Rural Preservation Company – 15, 34  
 Saratoga Home and Energy – 34  
 Saratoga Hospital Health Insurance Navigation Program - 18  
 Saratoga Hospital Lifeline - 15  
 Saratoga Springs Office of Community Development - 34  
 Saratoga West - 29  
 Schrader and Company, Inc. - 34  
 Schuyler Ridge Residential Health & Adult Day Care - 11  
 Schuylerville Manor - 29  
 Senior Citizens Center of Saratoga Springs – 28  
 Senior Companion -33  
 Senior Express - 31  
 Senior Hope Counseling, Inc. -8  
 Senior Independent Living Options - 22  
 Senior Solutions – 21, 26

Seniors Choice - 22  
 Service/Advocacy for GLBT Elders - 5  
 Seton Addiction Services – 8  
 Seton Health at Schuyler Ridge - 25  
 Seton Health Incontinence and Wound Services - 17  
 Seton Home Care (St. Mary’s Hospital) - 21  
 Seton Lifeline - 15  
 Shelters of Saratoga, Inc. – 15, 30  
 Shenendehowa Adult Community Center - 28  
 Shenendehowa Senior Center – 14  
 Shenendehowa United Methodist Church - 9  
 Shenendehowa Village - 29  
 Simplifying Lives for a Cause, Inc. - 17  
 SNAP – 6, 16  
 Social Security Administration - 6  
 Soul Saving Station Church - 9  
 South Glens Falls United Methodist Church - 10  
 Southern Adirondack Independent Living Center – 6, 8, 10, 12, 14, 18, 23, 24, 32, 33, 34  
 Spare Hands - 35  
 St. Edward the Confessor Catholic Church - 10  
 St. Peter’s Catholic Church - 10  
 St. Peter’s Lifeline - 15  
 St. Therese Rosary Altar Society - 10  
 Stonequist Apartments – 29  
 Stratton VA Medical Center - 27  
 Temporary Assistance & Disability Assistance - 6  
 The Caregiver Space, Inc. - 30  
 The Wound Healing Center – 17  
 To Life! - 7  
 Town Hall Hadley/Day - 31  
 Trieble Village - 30  
 Trinity Eldercare – 9, 18  
 Umbrella of Capital District Inc. - 35  
 Upstate Home Respiratory Equipment - 13  
 USDA Rural Development - 35  
 Van Schoonhoven Square - 30

Veterans Affairs Division – 7, 32  
Visiting Nurses Association of Albany,  
Inc. – 21  
Visiting Nurses Association (VNA) of  
Schenectady – 21  
Visiting Nurses Home Care/Medstaff -  
21  
Waterford Senior Club/ Senior Center/  
Medical Van -28, 31  
Wesley Evergreen Adult Day Services -  
11  
Wesley Health Care Center - 25  
Westview Apartments – 30  
Wildwood Programs -13  
Wilton Commons - 30  
Wilton Senior Citizens Center - 28  
Woodlawn Commons – 30  
YMCA of Corinth - 9  
YMCA of Saratoga County – 17

## EVALUATION FORM

The Saratoga County Long Term Care Services Directory, Seventh Edition

We hope that you find the Services Directory informative and easy to use. We would like to hear your comments, concerns, and suggestions regarding this and future editions of the Directory. Please take a few minutes to complete this evaluation form. Then, simply remove it from the directory and either fax it to us at 884-4104, or mail it back to us. Thank you for your time and interest in the Services Directory.

I found this directory:

- ☐ very helpful
- ☐ somewhat helpful
- ☐ not helpful

I found this directory:

- ☐ very easy to use
- ☐ somewhat easy to use
- ☐ difficult to use

In future editions, I would like to see more: \_\_\_\_\_

\_\_\_\_\_

In future editions, I would like to see less: \_\_\_\_\_

\_\_\_\_\_

My overall comments/suggestions are: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

THANK YOU.